

# COVID-19 information

## A quick guide for parents and carers



Please follow the advice in this guide. Only contact the school if your child is having a test and to let us know the result. Your school will not be able to advise beyond the information given here. **Please remember to only get tested if you have COVID-19 symptoms.**

### YOU SHOULD BOOK A **TEST** IF YOUR CHILD HAS:

**a high temperature**

OR

**a new continuous cough**

OR

**a loss of or change to your sense of smell or taste**

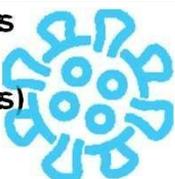
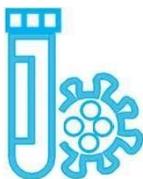
This means they feel hot to touch on their chest or back (you do not need to measure their temperature)

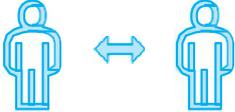
This means coughing a lot for more than an hour, or three or more episodes in 24 hours (if they usually have a cough it may be worse than usual)

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal

**If your child DOES NOT have symptoms of COVID-19** but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they or members of your household do not need to self-isolate.

[Your child can attend school if fit to do so.](#)

What to do if...	Action needed	When can my child return to school?
<b>My child has COVID-19 (coronavirus) symptoms</b> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Book a test for your child</li> <li>Whole household &amp; support bubble to self-isolate</li> <li>Inform school immediately about test result</li> </ul>	<b>If test is negative and child is well enough, and not advised to self-isolate by test and trace service</b>
<b>My child tests positive for COVID-19 (coronavirus)</b> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Child to self-isolate for at least 10 days from when symptoms started (or from day of test if no symptoms)</li> <li>Inform school immediately about test results</li> <li>Whole household &amp; support bubble to self-isolate for 10 days from day when symptoms started (or from day of test if no symptoms)</li> </ul>	<b>They can return to school after 10 days as long as they have not had a fever in the previous 48 hours. They can return after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone</b>

What to do if...	Action needed	When can my child return to school?
<p>Somebody in my household &amp; support bubble has COVID-19 (coronavirus) symptoms</p> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Household &amp; support bubble member with symptoms to book a test</li> <li>Whole household &amp; support bubble to self-isolate while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	<p>When household &amp; support bubble member test is negative, and child does not have COVID-19 symptoms and if child has not been advised to self isolate by test and trace services</p>
<p>Somebody in my household &amp; support bubble has tested positive for COVID-19 (coronavirus)</p> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Whole household &amp; support bubble to self-isolate for 10 days from day when symptoms started (or from day of test if no symptoms) - even if they test negative during those 10 days</li> <li>Inform school immediately about test result</li> </ul>	<p>When they have completed 10 days of self-isolation without symptoms. They must self-isolate for 10 days even if they test negative during that time</p>
<p>NHS Test and Trace has identified my child as a 'close contact'</p> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Child to self-isolate for 10 days (as advised by NHS Test and Trace) - even if they test negative during those 10 days</li> <li>Rest of household &amp; support bubble does not need to self-isolate, unless they are also a 'close contact'</li> </ul>	<p>When they have completed 10 days of self-isolation without symptoms. They must self-isolate for 10 days even if they test negative during that time</p>
<p>Your child has been in contact with someone who has been identified as a 'close contact'</p> 	<ul style="list-style-type: none"> <li>Attend school as normal</li> <li>If your child does not have any COVID-19 symptoms they should carry on with normal activities</li> </ul>	<p>Attend school as normal</p>
<p>We / my child has travelled abroad and has to self-isolate.</p> 	<ul style="list-style-type: none"> <li>Do not send your child to school</li> <li>Whole household &amp; support bubble to self-isolate for 10 days - even if they test negative during those 10 days</li> </ul> <p><b>Travel reminders:</b></p> <ul style="list-style-type: none"> <li>Do not take unauthorised leave in term-time</li> <li>Consider quarantine requirements and FCO advice when booking travel</li> <li>Provide information to school as per attendance policy</li> </ul>	<p>When the quarantine period of 10 days has been completed for the child, even if they test negative during those 10 days</p>
<p>We have received advice from a medical / official source that my child must res shielding</p> 	<ul style="list-style-type: none"> <li>Do not send your child to school.</li> <li>Contact school as advised by attendance officer / pastoral team</li> <li>Child to shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<p>When school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>