



We use red tractor or farm assured meat in our schools.

We use MSC Certified fish to encourage sustainable **Fishing practices**

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact SPECIALDIETS@EDWARDSANDWARD.CO.UK Please note menus subject to change due to unforeseen circumstances

food that makes you happy

ST. SAVIOUR'S INFANT CHURCH SCHOOL MENU

AUTUMN/WINTER 2021-22

_ **WEEK 1** 01/11/2021, 22/11/2021, 13/12/2021, 03/01/2022, 24/01/2022, 14/02/2022, 07/03/2022, 28/03/2022

Mac & Cheese (V) or Mild Vegetable Keema Curry with Rice (Ve)(WG) or Jacket Potato with Choice of Filling Garden Peas, Sweetcorn Australian Crunch (V)

MONDRY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- Wholegrains

DM

Vegan

Ve –

- Veçetarian

FRESH

HEALTH

TASTY

Golden Veggie Rice (Ve)(WG) or Beef & Onion Pie with Mash & Gravy or Jacket Potato with Choice of Filling Rainbow Vegetables, Cauliflower Caramelised Apple Crumble (Ve)(WG) with Custard (V)

Two Cheese French Bread Pizza with Herby Diced Potatoes (V) or Mild Chicken Curry with Rice (WG) or Tomato Soup & Cheese Baguette (V) Sweetcorn & Peppers, Green Beans

St Clements Sponge (V) with Custard (V)

Veggie Sausage with Roast Potatoes & Gravy (Ve) or Roast of the Day with Roast Potatoes & Gravy or Jacket Potato with Choice of Filling Broccoli, Carrots Carrot Cookie (V)

Veçan Sausaçe Roll with Chips (Ve) or MSC Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce or Jacket Potato with Choice of Filling

Baked Beans, Garden Peas

Strawberry Jelly (Ve) with Peach Slices (Ve)

WEEK 2 08/11/2021, 29/11/2021, 20/12/2021, 10/01/2022, 31/01/2022, 21/02/2022, 14/03/2022, 04/04/2022

Quorn Hot Dog with Jacket Wedges & Tomato Sauce (V) or Cheese & Onion Quiche with New Potatoes (V)(WG) or Jacket Potato with Choice of Filling <u>Sweetcorn & Peppers, Green Beans</u> Vanilla Ice Cream (V)

Mediterranean Veggie Pasta (Ve)(WG) or Choice of Pork or Chicken Sausages with Mash & Gravy or Jacket Potato with Choice of Filling <u>Swede, Broccoli</u> Peach Crumble (Ve)(WG) with Custard (V)

Cheese & Tomato Puff with Herby Diced Potatoes (V) or Spicy Beef Wraps with Herby Diced Potatoes or Tomato Soup & Cheese Baguette (V) Garden Peas, Sweetcorn Toffee Apple Sponge (V) with Custard (V)

Quorn Fillet with Roast Potatoes & Gravy (V) or Roast of the Day with Roast Potatoes & Gravy or Jacket Potato with Choice of Filling <u>Carrots, Shredded Cabbage</u> Orange Jelly (Ve) with Mandarins (Ve)

Quorn Fishless Fingers with Chips & Tomato Sauce (Ve) or Battered Fish with Chips & Tomato Sauce or Jacket Potato with Choice of Filling Baked Beans, Garden Peas

Lime Shortbread (Ve)

WEEK 3 15/11/2021, 06/12/2021, 27/12/2021, 17/01/2022, 07/02/2022, 28/02/2022, 21/03/2022

Chicken Style Burger with Jacket Wedges & Tomato Sauce (Ve) or Sweet Tomato & Lentil Pasta Bake (V)(WG) or Jacket Potato with Choice of Filling Sweetcorn & Peppers, BBQ Beans Yoghurt (V) with Mandarins (Ve)

Mild Veggie Chilli with Rice (Ve)(WG) or Ham Pizza with Herby Diced Potatoes (WG) or Jacket Potato with Choice of Filling Super Greens, Shredded Carrots Chocolate & Pear Sponge (V) with Chocolate Custard (V)

Pizza Catherine Pinwheel with Jacket Wedges (V)(WG) or Beef Burger with Jacket Wedges & Tomato Sauce or Tomato Soup & Cheese Baguette (V) Sweetcorn, Green Beans Flapjack (Ve)(WG)

Veggie Mince Pie with Roast Potatoes (Ve) or Roast of the Day with Roast Potatoes & Gravy or Jacket Potato with Choice of Filling Carrots, Shredded Cabbage Arctic Roll (V)

Falafel Wrap with Chips (Ve) or Battered Fish with Chips & Tomato Sauce or Jacket Potato with Choice of Filling Baked Beans, Garden Peas Strawberry Jelly (Ve) with Pineapple Chunks (Ve)

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.

WE USE LOCALLY

SOURCED INGREDI

(V) Suitable for Vegetarians